



**INTERNATIONAL
INSTITUTE OF
INFLUENCERS**



PROJECT REPORT

**Name of the Course: INTERNATIONAL MASTER DIPLOMA IN GUIDANCE
& COUNSELING**

Conducting Organisation: International Institute of Influencers (III)

**Title of the Project: Humanization of Education: Understanding Students'
Mentalities, the Contributions of Values Education and Teaching Styles**

**Criteria for doing the project: Structured Approach & Analytical Evaluation for
Workplace Through Guidance-Coaching & Counselling**

Submitted To: SHAMA Hussain, Founder & CEO of III

Date of Submission: August 25, 2024

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Name of the Organisation: SAUYO HIGH SCHOOL



*Mam. Aileen S. Valera
'Values teachers must walk the
talk.'*

*Dr. Shama Hussain
'I never dreamed for my dreams, I
worked for them.'*



I am a Psychology graduate with Master's units in Counseling and Developmental Psychology. I never planned to be a teacher. However, at the age of 34, I gave birth to my third son who was later diagnosed at three years of age as having mild Autism with ADHD. Because of this I had to stop working in an office and become a hands-on mom. I never regretted it. I did much soul searching as to the best career choice to embark on after my PWA (Person with Autism) son graduated from Sr. High School. The choice was easy. Being a teacher was the most mom-friendly and child-friendly job for me due to its short hours and long vacation breaks. As a Psychology graduate, our Department of Education assigned me in Values Education for Jr. High School.

However, my prior work experience never prepared me for the significant challenges that would change my views on how to teach Values, particularly in our public schools. I learn every day that teaching Values Education is an art, a mindset and a commitment to be compassionate, kind, generous, understanding, non-judgmental-yet cautious in drawing the line on inappropriate behavior and immoral attitudes and ideas. A basic principle is that Values Education teachers must **“walk the talk.”** They should not just preach but more importantly, live the values they preach about. Our students observe us every day. They model themselves after their teachers. Our students reflect the values of their teachers and schools.

As a Values Education teacher in junior high school, I am often reminded of the profound impact we, as educators, can have on shaping the lives of our students. The concept of humanizing education is at the heart of this impact. It involves recognizing and honoring the diverse mentalities of our students and appreciating the unique qualities that different kinds of teachers bring to the educational landscape.

Understanding Different Mentalities of Students

Our classrooms are microcosms of society, teeming with students who bring a rich tapestry of backgrounds, experiences, and perspectives. Humanizing education begins with understanding these varied mentalities. Each student enters the classroom with a unique set of values, beliefs, and learning styles influenced by their cultural, social, and familial contexts.

For instance, some students might be more introspective, preferring to process information internally before expressing their thoughts. Others may thrive in collaborative environments where they can engage in lively discussions and group activities. Recognizing these differences is crucial in creating an inclusive learning environment that respects and nurtures each student's individuality.

We should not discount that mental health and emotional well-being go hand-in-hand. We as Values Education teachers must be sensitive with these aspects of a student's mentality. Adolescence is a period of significant growth and change, often accompanied by emotional turbulence. As educators, it is our responsibility to be

attuned to these changes and provide the necessary support and understanding. Building a classroom culture of empathy and open communication can help students feel safe and valued, fostering their overall well-being and academic success.

Different Kinds of Teachers Bringing Values in Education

Just as our students are diverse, so too are the teachers who guide them. I have my own personal style of teaching, so does each and every educator who bring a distinct set of values and teaching styles that contribute to a rich educational tapestry. In the context of values education, these differences are not only beneficial but essential.

Some teachers excel in fostering critical thinking and intellectual curiosity. They challenge students to question assumptions, explore new ideas, and develop a lifelong love of learning. Their classrooms are spaces where knowledge is not just imparted but actively constructed through inquiry and dialogue.

Others are particularly skilled in creating nurturing and supportive environments. They build strong relationships with their students, offering encouragement and understanding. These teachers often serve as mentors and role models, guiding students through both academic and personal challenges. Their empathetic approach helps students develop emotional intelligence and resilience.

There are also teachers who emphasize community and collaboration. They engage students in projects that require teamwork and collective problem-solving, instilling values of cooperation, respect, and social responsibility. These educators help students understand the importance of working together and contributing to the common good.

As a Values Education teacher, I strive to integrate these varied approaches into my teaching. My goal is to not only impart knowledge but to instill values that will guide my students throughout their lives. I believe that education should be a holistic experience, addressing the intellectual, emotional, and ethical dimensions of each student.

The Role of Values Education in Humanizing Education

Values education plays a pivotal role in the humanization of education. It encourages students to reflect on their own values and the values of others, promoting a deeper understanding of themselves and the world around them. This reflective process helps students develop a moral compass that can guide their actions and decisions.

In my classroom, I emphasize the importance of empathy, respect, and integrity. Through discussions, various activities like group reports, debates, focused group discussions and reflections, use of social media and real-life examples, I encourage students to consider different perspectives and to act with kindness and fairness. I believe that when students understand and embrace these values, they are better equipped to navigate the complexities of life and contribute positively to society.

Moreover, values education helps bridge the gap between academic learning and real-world application. It connects the knowledge students gain in the classroom to the values they will need to succeed and thrive beyond the school walls. By fostering a sense of purpose and ethical responsibility, we prepare students to be thoughtful, compassionate, and engaged citizens. I often cite examples that are timely and real in posing my moral dilemmas. For example, the conditions prevailing in my country give me sufficient material to engage my students in thought-provoking, moral reflections on how they should act and why.

The Core Principles of Values Education as Enshrined in our 1987 Philippine Constitution:

“We, the sovereign Filipino people, imploring the aid of Almighty God, in order to build a **just and humane society**, and establish a Government that shall embody our ideals and aspirations, promote the **common good, conserve and develop our patrimony**, and secure to ourselves and our posterity, the blessings of **independence and democracy under the rule of law and a regime of truth, justice, freedom, love, equality, and peace**, do ordain and promulgate this Constitution.”

I have taken the liberty of marking in bold letters the values enshrined in our 1987 Constitution which have become the pillars of our curriculum in Values Education. They have been condensed into four- MAKADIYOS, MAKABAYAN, MAKATAO and MAKAKALIKASAN which mean Being Godly, Being Patriotic, Being Humane and Being Environment-Friendly.

Conclusion

Humanizing education is about recognizing the diverse mentalities of our students and the unique contributions of different kinds of teachers. It involves creating an inclusive and supportive learning environment where each student feels valued and respected. As educators, our role is to guide students not only in their academic pursuits but also in their personal and moral development.

By embracing the principles of values education, we can help students develop the skills and attitudes they need to navigate life’s challenges with empathy, integrity, and resilience. In doing so, we contribute to the creation of a more humane and just society, one student at a time.

In our quest to humanize education, let us remember that every student is a unique individual with their own story, and every teacher has the potential to make a lasting difference. Together, we can create a learning environment that truly reflects the diverse and vibrant fabric of human experience.



Group Reporting



Focused Group Discussion on the Moral Dilemma of Euthanasia, its pros and cons



Awarding the winners of the debate on Moral Issues- Abortion, Euthanasia and SOGIE Bill



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