



**INTERNATIONAL
INSTITUTE OF
INFLUENCERS**



PROJECT REPORT

Name of the Course: INTERNATIONAL MASTER DIPLOMA IN GUIDANCE & COUNSELING

Conducting Organisation: International Institute of Influencers (I.I.I.)

Title of the Project: Guidance-Coaching & Counselling (GCC)

Criteria for doing the project: Structured Approach & Analytical Evaluation for Workplace Through Guidance-Coaching & Counselling

Submitted To: SHAMA Hussain, Founder & CEO of III

Date of Submission: September 1, 2024

Name of the Candidate: Hurley B. Corsiga, MTII

Name of the Organisation: Sta. Quiteria Elementary School- SDO Caloocan

"Nemo dat quod non habet"



**Dr. SHAMA HUSSAIN
Founder & CEO of I.I.I.**



**HURLEY B. CORSIGA
Master Teacher II
SDO Caloocan City**

THE GROW MODEL- in my Daily Life as a Master Teacher

The GROW Model is a simple but powerful coaching framework used to improve performance and achieve goals. It stands for **Goal, Reality, Options,** and **Will**. The model begins by setting clear and specific goals—what the coachee wants to achieve. Next, the reality phase involves assessing the current situation, identifying challenges, and understanding the gap between where the person is and where they want to be. This step requires honest self-assessment and reflection.

In the options stage, the coachee explores different ways to achieve their goal by brainstorming possible solutions and strategies. They are encouraged to think creatively and consider various pathways. Finally, the will phase is about commitment—deciding on specific actions and determining how motivated the individual is to follow through. This step involves setting a concrete action plan and accountability measures to ensure progress. The GROW Model helps individuals take a structured approach to problem-solving and personal development.



As a Master Teacher, the GROW Model has transformed the way I approach coaching and mentoring my students and fellow educators. By guiding them through setting clear goals, assessing their current reality, and exploring different options, I've witnessed remarkable growth in their performance and self-confidence. The structured nature of the model helps create a supportive environment where they feel empowered to take ownership of their learning and development. The most

impactful part is the final step—will—where individuals commit to actionable steps, which brings about real, tangible change. Using the GROW Model has not only improved outcomes in the classroom but also fostered a culture of continuous improvement and accountability.

A Walk to Recall My Mentoring Phase

As a Master Teacher, I apply the **GROW MODEL** to mentor my learners by first helping them set clear and achievable goals. Whether it's improving in a particular subject or enhancing their leadership skills, I guide them in defining what success looks like for them. Next, we move to the reality stage, where I encourage them to reflect on their current performance, strengths, and challenges. By asking insightful questions, I help them become more self-aware and identify the gaps they need to address to reach their goals. This process helps them see their progress and areas for improvement more clearly.



In the options phase, I encourage my learners to think creatively and explore various strategies to overcome obstacles or enhance their learning. Together, we brainstorm different pathways, whether it's through additional study materials, peer collaboration, or time management techniques. Lastly, in the will phase, I ensure they are committed to specific, actionable steps. We set a timeline and accountability measures, where I periodically check in to support and guide them. This structured mentoring approach not only

improves their academic performance but also fosters independence, self-confidence, and a growth mindset.



ONAL
E OF
CERS

The Breakthrough of My Coaching with my Colleagues

As a Master Teacher, using the **GROW MODEL** in coaching my colleagues has been incredibly transformative, both for their professional growth and for the overall team dynamic. The process begins by helping my fellow teachers set clear, meaningful goals that align with their personal development and the school's objectives. Whether they aim to improve classroom management, enhance their instructional strategies, or pursue leadership roles, the GROW Model allows us to focus on specific, measurable outcomes. This clarity from

the start builds a strong foundation and gives them a sense of purpose and direction in their work.



During the reality phase, I guide them through an honest assessment of their current practices. By asking open-ended questions, I help them reflect on



their strengths and identify areas for improvement. This step is crucial because it brings awareness to what might be holding them back, whether it's a lack of resources, time management challenges, or classroom engagement issues. It also encourages them to be more self-aware, understanding their role in the situation and how external factors affect their progress. I've noticed

that once they have this level of insight, they feel more in control and empowered to make meaningful changes.



In the options and will stages, we explore different strategies and solutions together. I encourage them to think creatively and consider various approaches, whether it's adopting new teaching techniques, collaborating with peers, or seeking professional development opportunities. Once they've decided on a course of action, we set specific goals with timelines and accountability checkpoints. What I've found most rewarding is seeing my colleagues become more confident in their abilities, and more willing to take initiative. The GROW Model not only helps them achieve their professional goals but also fosters a collaborative environment where we support one another's growth.



INTERNATIONAL INSTITUTE OF INFLUENCERS

The GROW Model has proven to be a highly effective framework for both coaching and mentoring learners and teachers, offering a structured yet flexible approach to personal and professional development. For learners, it fosters



independence and self-awareness, guiding them through setting clear goals, identifying challenges, and exploring practical solutions. By encouraging self-reflection and accountability, the GROW Model helps students take ownership of their learning, ultimately boosting their confidence and academic

performance. It equips them with valuable skills for lifelong learning, such as problem-solving, critical thinking, and the ability to adapt to different situations

For teachers, the GROW Model provides a systematic way to reflect on their practices and drive continuous improvement. It facilitates open dialogue, encourages creative problem-solving, and reinforces the importance of accountability in professional growth. By applying this model in coaching, teachers not only improve their own effectiveness in the classroom but also contribute to a collaborative culture within the school. Overall, the GROW Model enhances the development of both learners and educators, creating a positive cycle of growth, achievement, and continuous learning.



I would like to extend my deepest appreciation to Dr. Shana Hussain for her unwavering commitment to opening doors for professional growth, particularly in the fields of International Guidance and Counseling. Her vision and leadership have created countless opportunities for educators like myself to expand our knowledge, enhance our skills, and connect with global experts in the field. Through her guidance, we have not only gained valuable insights but have also been empowered to make meaningful contributions to the personal and academic development of our students. Dr. Hussain's dedication to fostering a culture of learning and growth has made a lasting impact on our professional journeys, for which we are truly grateful.