



**INTERNATIONAL
INSTITUTE OF
INFLUENCERS**



PROJECT REPORT

**Name of the Course: INTERNATIONAL MASTER DIPLOMA IN GUIDANCE
& COUNSELING**

Conducting Organisation: International Institute of Influencers (III)

Title of the Project: Guidance-Coaching & Counselling (GCC)

**Criteria for doing the project: Structured Approach & Analytical Evaluation for
Workplace Through Guidance-Coaching & Counselling**

Submitted To: SHAMA Hussain, Founder & CEO of III

Date of Submission: July 20, 2024

Name of the Candidate: Caroline G. Bagasona

Name of the Organisation: Justice Cecilia Muñoz Palma High School



*"Stepping out of your comfort zone
can lead to incredible growth. Take
that leap of faith and discover what
you're capable of."*

Caroline G. Bagasona

Justice Cecilia Muñoz Palma High School

Dr. Shama Hussain

*Founder & CEO of
International Institute of Influencers*

If you BELIEVE in YOURSELF, YOU WILL
BECOME YOURSELF!! Just hold your hands
tightly & follow your DREAMS!!
POSITIVITY is YOU...!!



Coaching Journey



I started my teaching career in June 2009 at San Antonio National High School in Makati City. As a new teacher, I felt a mix of excitement and nervousness. Fortunately, I quickly adapted to the teaching environment and the various responsibilities associated with it with the help of my Coordinator Mrs. Arlene P. Sarmiento. After a year, new teachers joined our school, most of whom were in their twenties. One of them was my colleague in Values Education. She was struggling with classroom management and using tools like Excel and PowerPoint. Despite being a novice myself, I assisted her with tips and helped her with tasks involving MS Word, Excel, and PowerPoint. She was very grateful and said my coaching made her work easier and more manageable. Several other new teachers at our school also benefited from my guidance. According to them, I was a great coach, especially when it came to sharing techniques on classroom management and



Some pictures with my colleagues in SANHS

After nearly four years, I transferred to General Pio Del Pilar National High School also in Makati City. Here, I further honed my teaching skills, particularly in classroom management. One of my colleagues name Glenda Ambrosio who had over 15 years of teaching experience, had a unique approach to managing students. He coached me on how to improve my techniques. In my second year at the school, new ESP teachers arrived, and I shared all the knowledge I had gained with them. I helped them with lesson planning and using ICT in their lessons.





In 2015, I decided to move to Quezon City and was transferred to Justice Cecilia Muñoz Palma High School in Payatas. The commute from Novaliches, where I lived, was quite long. Despite this, I made many friends and continued to assist my colleagues, particularly with ICT. I also shared my methods for maintaining a well-managed and quiet classroom.



Some teachers asked how I managed to discipline and control the students so effectively.

I was not assigned any additional tasks at school beyond teaching and being an adviser. I felt like I was stuck in a box, with no opportunities for self-improvement.



In 2020, the pandemic struck. Surprisingly, it brought positive changes for me. Due to the pandemic, I joined various online communities and organizations. I became a member of Aloysian, where I interacted with people from different parts of the Philippines through the internet, including principals, head teachers, master teachers, and teachers from various regions. I learned a lot from them and was entrusted with significant tasks by Doc Cris.



During the pandemic, I also connected with the International Institute of Influencers (III), where I met online Dr. Gloria Bien, Dr. Uly, and the CEO, Dr. Shama Hussain. Like in Aloysian, I interacted with people from different countries through the internet. Through Aloysian and III, I learned to engage in various activities and became part of the Technical Working Group.



I started a group called Educators Link, where I encouraged fellow teachers from different parts of the Philippines to participate in community activities and professional development. Through III, I was entrusted with tasks that helped me gain recognition among my peers. One of my aims became sharing the importance of self-improvement and professional development with my fellow teachers.



I also joined CELI, an international women's organization, where I supported various social issues such as world peace, human rights, and children's and women's rights. I became part of the Makati Lions Club, where I led community activities and coordinated with our members.



However, the person who truly transformed me was Dr. Shama Hussain. She became my mentor, coach, sister, family, and friend. I participated in her international short courses, and she entrusted me with coordinating tasks and ICT projects with my classmates. Her trust in me restored my self-confidence, made me brave in facing my weaknesses, and helped me break free from the metaphorical box I felt trapped in. Through her support and guidance, I began coaching my classmates and engaging in activities related to our courses.

Due to my extensive interactions with teachers nationwide, I was awarded the Educators Linkages Coordinator Award at my school. I also received the Best Teacher Awards International for my contributions to self-improvement, professional development, and community involvement.



I started being entrusted with more responsibilities at school, such as becoming part of the Prefect of Discipline, Watch Club, Boy Scouts of the Philippines, GAD Focal Point System, and currently serving as the GAD Adviser.

I am immensely grateful for everything I learned from Dr. Shama Hussain and her trust in me. I am also thankful for the opportunities to coach my colleagues, whether through Aloysian, CELI, Lions Club, Educators Link, or my III family. Thank you, Dr. Bien, Dr. Shama, and III.