



**INTERNATIONAL
INSTITUTE OF
INFLUENCERS**



PROJECT REPORT

Name of the Course:

INTERNATIONAL MASTER DIPLOMA IN GUIDANCE & COUNSELING

Conducting Organization:

International Institute of Influencers (III)

Title of the Project:

Guidance-Coaching & Counseling (GCC)

Criteria for doing the project:

Structured Approach & Analytical Evaluation for Workplace Through Guidance and Counseling.

Submitted to:

Shama Hussain, Founder & CEO of III

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Name of Candidate: **Ana Marie C. Viñas**

Name of Organization:

Lagro High School



“Discipline is the bridge between goals and accomplishments”

– Jim Rohn. I am a believer of this quote, I always believed that discipline could put you on the top of your goals and dreams, but coaching and mentoring can do so much. I grew up in a family where we independently do this alone as my mom teaches us how to read and write we must do our own assignments, as she teaches us how to cook you need to cook your own food because my mom is a solo parent we need to do this on our own. This makes us all independent. As I grow old, there are some opportunities I was looking back but missed and the only thing I could tell myself is if there are people during my younger age who tell me this or talked to me about this maybe I did this thing better. So, I grew up to become a motivator and coach as well, to my colleagues, my students, friends and my family.

My first experience was when I was in college, I am a consistent working student my four year degree course becomes five year because I cannot take full load in my subjects due to my work, there are times when I felt like I want to give up my studies and focus in my work since I am earning money already, I am not telling this to anyone even to my family, my brain won't stop thinking about this every now and then but I always end up to I need to finish my study in short I motivate myself every time I experience this thing, I always think I need my degree to have a better career someday, aside from my family as my motivation, I myself, my future becomes my motivation to strive happily for I am excited to what will I become in the future. This event is one of my greatest achievements in life as a student, as part of younger generation during that time, I remember I really

want to join my friends to celebrate but I can't because I have work to do. But everything



was worth it I become the person I dreamed of today.

Another milestone in my life as a coach and motivator were when I was at my first job after college. I did not teach right away because I felt like I am not into teaching, I work in a retail company as Cashier

and promoted as Store Supervisor after three years, along the way to my promotion was not easy, discrimination from school, degree to body shamming, it was not easy luckily I have my mentor in the presence of my manager and area manager they helped me to be mindful of my decisions, and become goal oriented person, which I used to inspire, motivate and coach younger generations of employees who dreamed to become where I am during that time. I shared to them my journey, what are the things they need to do, and what are the expected problem(s) they will encounter, I also share with them the right mindset during hard times. Until such time I decided to continue my teaching profession, I became a trainer for Cashier and customer service during my stay in that retail company and this was my turning point. Motivating, coaching and guiding learners were my first love unconsciously I am loving what I am doing as a trainer, it was my first step in achieving my goal as an educator, motivator, and coach as well. The reason why I decided to take my master's degree and returned to teaching.

My teaching career was not easy since I did not teach in classroom set up for almost seven years it was struggle, first I took my Licensure Examination for Teachers (LET) to become a full pledge teacher, then I apply in a small College way back 2014, and that's how I started my teaching, coach, and motivator journey. Inspiring college students was one of the best experience I have in my life. They were all excited to face every journey they will go through while learning, it is rewarding for they will go back to you and tell you stories of their journey which for me it is fulfilling, they will you "ma'am you were right I

am happy I did listen to you.” It gives me a different kind of fulfillment. The Born of K12, we don’t have college students, so I decided to apply in Public School as Senior High School teacher in Social Science luckily, I was hired. Another opportunity to inspire, motivate and coach learners in different approach.



My journey as Senior High School teacher did not end in coaching nor mentoring learners, but also mentoring, coaching and

guiding younger generation of my colleagues under my care, I was assigned as HUMSS Grade 11 Coordinator, there were times teachers were struggling with overloads, and other concern I always make sure they were being cared despite the heavy feeling caused by overload schedules or other negative concern, it was a tough responsibility because I need to balance both sides, the administration side and the teachers side as well, but it was fulfilling I love the different kind of satisfaction from what I am doing. Right now I am no longer part of Coordinator but still continue to help my colleagues by mentoring, coaching, and guiding them with or without position. And this skill that I have I will continue to use, enhance more to help learners, my colleagues and my children as well.



I would like to take this opportunity to thank Dr. Shama Hussain for all the learnings you have shared with us, I am fortunate to be a part of this learning group, Until next time.

