



**INTERNATIONAL
INSTITUTE OF
INFLUENCERS**



PROJECT REPORT

**Name of the Course: INTERNATIONAL MASTER DIPLOMA IN GUIDANCE
& COUNSELING**

Conducting Organisation: International Institute of Influencers (III)

**Title of the Project: TVL – Touching heart, Volunteering, and Leading:
a way to Cultivate Students.**

**Criteria for doing the project: Structured Approach & Analytical Evaluation for
Workplace Through Guidance-Coaching & Counselling**

Submitted To: SHAMA Hussain, Founder & CEO of III

Date of Submission: August 19, 2024

Name of the Candidate: ARGEL M. PASCUA

Name of the Organisation: COMMONWEALTH HIGH SCHOOL



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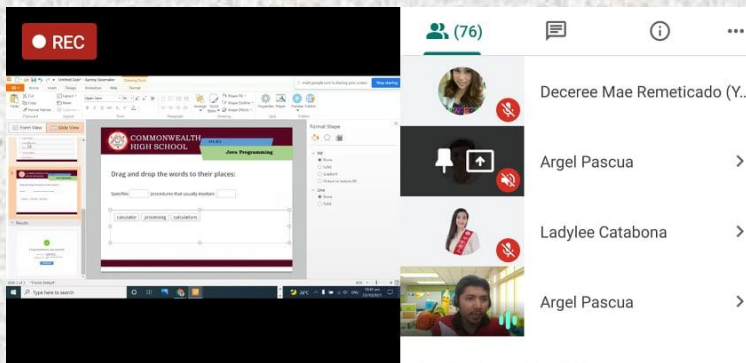


Coaching Journey

During my third year of high school, I became a leader of our group where my coaching ability was honed and developed. As a leader, I am tasked with the preparation of scripts, and practices as well as monitoring our performances. Truly it is a wonderful experience for me. In 2009, the year where I started my life as an Educator it is also the time where I became the youth leader in our church to lead animation and dance ministry. This helps me become patient and a motivator. Teach them the steps I had choreographed and taught them the importance of humbling their hearts to the Lord. Coaching is a matter of humbling yourself to the Lord.

In 2013, the year where I started to serve the public school system. At first, I became a follower of my mentors and let them guide me in my journey. This year, my mentor trusted me with some computer work and helped my colleagues especially, in doing reports, repairing techniques in computers, and coaching students in a competition.

In 2016, my principal trusted me to become the Assistant School ICT Coordinator where my tasks were to monitor and maintain the computers and other related tasks. In 2018, the new principal came and assigned me as the School ICT Coordinator of the Senior High School. Part of my training is to do the Senior High School class and teacher scheduling. This time, I also help teachers in using MS applications.



The pandemic came in 2020, the coaching journey continued and online modality in teaching is used. As the ICT Coordinator, we developed a plan to help teachers teach on different online

platforms, and from this, we formed the ICT team in our school. We continually coach the team and let them be a coach also in their department.

This also helped me to become an Outstanding Technical Vocational and Livelihood teacher in our district and qualified for the division search for Outstanding Teacher.

I am also selected as a trainer in

Java Programming in our division to upskill and reskill our teachers. Following this is my promotion to my current position which is Master Teacher II.



In 2023, I accidentally met

Ma'am Carol Bagasona who invited me to join the International Diploma in Teaching. This is my first

opportunity to grow in the International Institute of Influencers. I

enjoyed the design thinking process, and I was able to share it with my

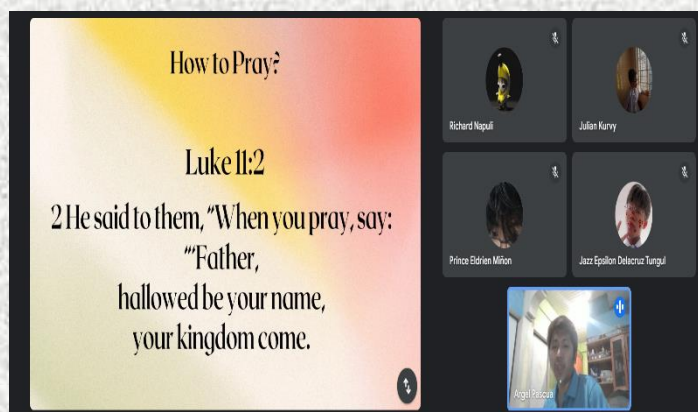
colleagues and use the things I learned from the training. This helps my

colleagues with the proper methodologies and their strategies inside the classroom.



Touching Heart

Coaching entails much more than simply hitting targets or mastering abilities. The genuine meaning of coaching goes beyond technical proficiency to explore the emotional and relational aspects of the process. It's about connecting with people on a deeper level. At the heart of good coaching lies the



ability to be with people on a deeper, more personal level—to touch their hearts and help them become the best versions of themselves.



In school, students need a teacher who believes they can do it! As a teacher, I always give support and guidance. I also assist students to attain their greatest potential by instilling confidence, maintaining motivation, and teaching important life skills. Any student trying to progress can benefit greatly from having a coach at their side. Furthermore, coaching teaches pupils the value of hard work, the importance of resilience, and the power of a good attitude, which they take into adulthood.

Volunteering

Volunteering is critical in improving coaching. In 2018, a program at the Diocese of Novaliches named Project Lakbay invited me to become a mentor. In this project, we are assigned to one mentee who enrolled in the alternative learning system. Upon initially accepting the challenge, I saw it as an opportunity to share my passion for teaching.

The first week is a bit challenging, knowing your mentee's name, hobbies and other things about him is difficult. But with the help of God, I had to do it and inspire him to become the best version of himself.

In 2018, when I started my mentoring capabilities, it was one of the greatest things that happened to me and continues as of today's generation, though not in Project Lakbay, but inside the classroom. My students are my priority in school specifically when I see them need guidance with their self-esteem, confidence, and independence to finish their task.

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Volunteering is a journey of personal growth, relationship-building, and impactful contributions. It has taught me leadership lessons, allowed me to form meaningful connections, and given me the chance to make a real difference in the lives of young generations. As I continue my coaching journey, I am motivated by the knowledge that the time and effort I invest are helping shape the future of these young individuals. I encourage others to volunteer in similar roles, as the rewards far outweigh the challenges.



Volunteering could also change the life of each student through experiencing it, this is an effective approach for students to put their compassion into action, allowing them to make significant contributions to their communities. It also offers essential lessons about service, teamwork, and tenacity, demonstrating that their efforts can result in tangible, and good change. Volunteering also provides students with a sense of purpose and fulfillment as they witness the impact of their efforts. It also exposes students to different opinions that promote growth and a better understanding of others' challenges. These experiences allow students not only to serve their communities, but also develop the abilities required for effective leadership.

Leading

Leading students through guidance and counseling is essential for their overall development. Being a mentor, I can attest to the significant influence that leadership can have on both the mentees and my leadership development.

Although authority and decision-making are frequently linked to leadership, true leadership transcends these ideas. A leader who mentors people to realize their full potential by providing guidance, support, and inspiration is one of the most effective types of leadership.





Mentoring is a distinct type of leadership since it is founded on trust, empathy, and a willingness to devote time and effort to another person's development. Unlike traditional leadership jobs, which may involve directing teams or making executive decisions, mentoring focuses on developing a personal relationship and supporting someone through their obstacles and goals. As a mentor, I learned the importance of setting a good example. Mentees look to their mentors for inspiration as well as advice. By demonstrating values like honesty, perseverance, and compassion, I can set a good example for my mentees, showing them what it means to lead with purpose and heart.

One of the most rewarding components of mentoring is observing a mentee's growth over time. When I initially began mentoring, I was matched with a young teacher professional who was suffering with self-esteem and career direction. During our frequent sessions, I gave him advice, discussed my experiences, and offered constructive feedback. More importantly, I listened to his concerns and advised him to take modest, doable actions toward his goals. Over time, I saw him gain confidence in his talents and approach new tasks with a purpose. Seeing him improve was quite fulfilling, and it reinforced the idea that leading via mentoring is about encouraging others to find their answers rather than providing them.





Leadership is the culmination of compassion and volunteerism, focused on guiding people toward a common goal motivated by purpose and empathy. Leading in mentoring is a powerful approach to improving the lives of others while simultaneously growing as leaders. It is based on empathy, trust, and a desire to see others succeed. Mentoring has allowed me to advise others on their journey, observe their transformations, and strengthen my leadership skills.

Teaching students to lead is also considered in their development. When students take leadership responsibilities, they get experience in teamwork, decision-making, and conflict resolution, while also learning that true leadership is based on empathy, integrity, and service to others.

As educators, we will assist students in building confidence, humility, and teamwork skills by giving them opportunities to lead through event planning, project management, or peer mentoring. These experiences develop students into leaders who listen, assist, and empower others, preparing them to have a long-term effect.



Conclusion

In today's fast-paced world, education goes beyond academics to cultivate well-rounded individuals who are compassionate, socially responsible, and capable of leading. Cultivating these skills necessitates touching students' hearts: the foundation of character development, immersing them in voluntary work: putting compassion into action, and mentoring them in leadership positions: guiding others towards a common goal. Moreover, we can help our students incorporate this aspect into their knowledge, skills, and values required for personal and professional success.

We can cultivate students who are not only academically proficient, but also socially responsible, and empathetic leaders by engaging them emotionally, encouraging them to serve others, and guiding them in leadership roles. In nurturing these qualities, we are not just educating students; we are shaping the leaders of tomorrow who will continue to touch hearts and lead with integrity. Moreover, we ensure that students are prepared to face the challenges of the future with compassion, resilience, and a strong sense of purpose.